

**METHOD FOR REDUCING PRESSURE DAMAGE TO SKIN  
OF A PERSON, AND CORRESPONDING SKIN PROTECTIVE DEVICES**

**Abstract of the Disclosure**

A method for reducing pressure damage  
to skin of a person includes determining a location on  
the person susceptible to pressure damage, and  
5 adhesively securing a skin protective device to the  
location. The skin protective device includes a  
substrate having an inner surface, and an outer  
surface. An adhesive layer substantially covers the  
inner surface, and at least one fluid-filled cell is on  
10 the outer surface to cushion the skin of the person.